# COLLEGE MADE EASY: BUDGETING FOR STUDENTS

A budget is your own personal money plan. It will help you organize your money, set and reach your goals and decide in advance how your money will work for you.

## **5 EASY STEPS TO MAKE A BUDGET:**

## TOTAL YOUR MONTHLY INCOME

You need to know how much you have to work with. (Financial aid, loan disbursement, parent contributions, jobs, savings, etc.)



### TRACK YOUR EXPENSES

- Fixed: Room & Board, Tuition, Car Payments, etc.
- Flexible: Books, supplies, social and recreational expenses

#### CALCULATE AND RECORD MONTHLY EXPENSES

• Use free computer software or phone app



#### COMPARE YOUR INCOME TO YOUR EXPENSES

 More expenses than income? You have 3 options: increase income, decrease expenses, or a combination of both.

#### EVALUATE AND ADJUST YOUR EXPENSES

- A student budget requires flexibility to adapt to the changing circumstances of college life, especially if your income varies each month.
- PERSONAL MONEY MANAGEMENT CENTER THE UNIVERSITY OF UTAH

## **BUDGETING TIPS:**

- While most budgets are monthly, consider a semester budget while in school, and track progress weekly/monthly.
- Separate needs from wants.
- Don't try to keep up with your friends. Everyone will place a different value on how and when to spend money.
- Have the confidence to live your life within your means, not someone else's. *Most students don't have much money and are unwilling to admit it.*
- Watch for little expenses that add up quick! A \$3 coffee or donut for breakfast everyday can equate to <u>\$90 a month</u>.
- Make buying decisions based on a careful analysis of your financial condition.
- Use credit cards wisely. View them as a convenient way to pay for purchases, not as a convenient way to borrow money.
- Everywhere you go, ask if they offer student discounts! Remember to carry your student I.D. in your wallet.
- Keep life in balance. Money management is important, but it's only a means to get you where you want to be in life. Strong values, good friends, and a solid education should all be part of your plan for success.





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