



**FINANCIAL
WELLNESS CENTER**
THE UNIVERSITY OF UTAH

*post-financial wellness\$
Bingo Reflection*

Once you earn a BINGO, fill out this worksheet and stop by the office to show us and get your Two Creek card. Throughout your bingo, email Elsa @ eosborne@sa.utah.edu or Instagram DM for help or if questions arise. End 2022 strong!

What was the most impactful activity you did from the bingo, and why? What did you learn?

How did you feel about your financial health prior to bingo, and how do you feel now? There are no wrong answers. If you changed a lot, awesome! What do you think caused that change? If nothing changed, reflect on that, and why that might be.

On a scale from 0-10 , how happy were you with your financial health before, and what about now? (0=no idea where to start, didn't care about my money, 5=some satisfaction with my finances, some areas not, and 10=super financially healthy, I'm all set and confident in my ability to manage my money)

What next steps do you want to take to maintain or build your financial health? What is the first step you need to take to get there? (some words to use in this reflection activity: start, keep, stop, or improve at)

You did it! Thanks for playing bingo with us, and, more importantly, thank yourself for putting in the work to better your present and future self. Keep up the amazing work toward reaching your financial goals. We see you!